



Weaver takes on the world

Wonder on water heads to Belgium for big event

THIRTY-year-old Mark Weaver of Rockhampton will represent Australia in the World Water-Ski Championships in Belgium from July 18 to 25.

Mark secured his place in the Australian team after successfully competing in the water ski-racing heats of the Formula II men's titles at Wiseman's Ferry near Sydney on February 14 and 15.

He said he had worked extremely hard to get to that position.

"It's a fantastic feeling to make the Australian team.

"I have worked quite hard, so it is a big relief," Mark said.

Mark, who grew up in Rockhampton, started water-skiing at the tender age of three, when most of us

have not even learnt to swim.

He said leading up to a big competition, he trains four to five days a week with at least one day on the water.

"Training will be full-on between now and July, and I hope to spend as much time on the water as I can."

Mark said his success at Wiseman's Ferry was the result of a team effort. "Without the efforts of my driver and observer I could not achieve the results I have," he said.

Mark's gruelling training schedule has also been assisted by a form of massage and far infrared technology, Formostar.

Local business owners John and Paula Potts of Indulge Your Body have been with Mark since the be-

ginning of his competitive racing and are behind him 100%.

They have sponsored him from their own goodwill and have helped him to faster recovery times by treating him with different recovery techniques like Formostar, which works to strip his body of lactic acid, giving him a competitive edge while training and racing.

"The Formostar strips away the lactic acid build-up, enabling me to fire up each day without holding back."

Mark came in with 12 points in almost all of his six qualifying races.

He will relocate to Cairns this week to begin preparations for the world titles.



WORLD CLASS: Mark Weaver speeds his way straight into the Australian team and will compete in the World Water-Ski Championships in Belgium in July.

Picture supplied